### Satellite Office

Frances Grant, IL Program Coordinator C/O NJ DVRS 990 Broad St., 2nd Floor, Newark, NJ 07102 (973) 648-3494 Voice (973) 648-2733 TTY (973) 648-3902 Fax E-mail: info@dial-cil.org Area Served - County of Essex

### Heightened Independence & Progress, Inc. (hip)

Eileen Goff, Executive Director 131 Main Street, Suite 120 Hackensack, NJ 07601 (201) 996-9100 Voice (201) 996-9424 TTY (201) 996-9422 Fax E-mail: ber@hipcil.org Area Served - County of Bergen

### Heightened Independence & Progress, Inc. (bip Hudson)

Marily Gonzalez-Vazquez, Director 35 Journal Square, Suite 703 Jersey City, NJ 07306 (201) 533-4407 Voice (201) 533-4409 TTY (201) 533-4421 Fax E-mail: hud@hipcil.org Area Served - County of Hudson

### **MOCEANS** Center for Independent Living, Inc.

Judyth Brown, Interim Executive Director 279 Broadway, Suite 201 Long Branch, NJ 07740 (732) 571-4884 Voice (732) 571-4878 TTY (732) 571-4003 Fax E-mail: info@moceanscil.org Area Served - Counties of Monmouth & Ocean

#### Satellite Office – County of Ocean

1027 Hooper Avenue, Building 6, 3rd Floor Toms River, NJ 08753 (732) 505-2310 Voice (732) 505-2319 TTY (732) 505-2317 Fax

### Progressive Center for Independent Living, Inc. (PCIL)

Scott Elliott, Executive Director Ibis Plaza 3525 Quakerbridge Road, Suite 904 Hamilton, NJ 08619-1205 (609) 581-4500 Voice (609) 581-4550 TTY (609) 581-4555 Fax E-mail: info@pcil.org Area Served - County of Mercer

#### Satellite Office

4 Walter Foran Blvd., Suite 410 Flemington, NJ 08822 (908) 782-1055 Voice 908-782-1081 TTY (908) 782-6025 Fax Email: info@pcil.org Area Served - County of Hunterdon

#### Resources for Independent Living, Inc., (RIL)

Lisa Killion-Smith, Executive Director 351 High Street, Suite 103 Burlington, NJ 08016 (609) 747-7745 Voice (609) 747-1875 TTY (609) 747-1870 Fax E-mail: lsmith@eilnj.org Area Served - County of Burlington

614 E. Landis Ave., 1st Floor, Vineland, NJ 08360 (856) 825-0255 Voice (856) 825-0254 Fax (856) 825-0252 TTY (877) 935-2199 Toll Free E-mail: info@rilnj.org Areas Served - Counties of Cape May & Cumberland

193 North Broadway, Pennsville, NJ 08070 (856) 678-9400 Voice (856) 678-9401 Fax E-mail: info@rilnj.org Area Served - County of Salem

#### Atlantic Center for Independent Living

Donald Campbell, Executive Director 4 East Jimmie Leeds Road, Suite 7 Galloway, NJ 08205 (609) 748-ABLE (2253) Voice E-mail: pkuhn@artemiscil.org Area Served - County of Atlantic



# NEW JERSEY STATEWIDE INDEPENDENT LIVING COUNCIL

# NEW JERSEY STATEWIDE INDEPENDENT LIVING COUNCIL

The New Jersey Statewide Independent Living Council (SILC) is a 17-member body appointed by the Governor which maximizes opportunities for people with disabilities through planning and advocacy. The SILC is a separate entity, in, but not of, the New Jersey Department of Labor.

The SILC membership represents the interests of New Jersey's cross disability population. By law, a majority of the Council are people with disabilities. Voting members include: advocates for people with disabilities, representatives from private businesses, disability-related organizations, and CIL directors. Non-voting ex officio members include: representatives from the NJ Dept. of Labor, Division of Vocational Rehabilitation Services (DVRS) and the NJ Dept. of Human Services, Commission for the Blind and Visually Impaired (CBVI) as well as representatives from other state agencies which serve people with disabilities.

# THE SILC is charged with the responsibility to:

- Develop and submit (in conjunction with the Division of Vocational Rehabilitation and the Commission for the Blind and Visually Impaired) the State Plan for Independent Living;
- Monitor, review, and evaluate the implementation of the State plan;
- Coordinate activities with the State Rehabilitation Council;
- Submit periodic reports to the Commissioner of the Rehabilitation Services Administration and keep all necessary records;
- Ensure that all regularly scheduled meetings are open to the public and that sufficient advance notice is provided.

For more information about the SILC, visit our web page at www.njsilc.org.

## WHAT is Independent living?

Independent living is a philosophy which states that people with disabilities should have the same civil rights, choices and control as do people without disabilities. The principles of independent living are in direct contrast to the dependence created by institutionalization which segregates people with disabilities. The independent living movement seeks to change community attitudes and beliefs which perpetuate dependence.

# WHAT are Centers for Independent Living (CILs)?

New Jersey's CILs are private, non-profit organizations that work with people with all disabilities to advance their independence. Each Center is a self-governing organization which responds to community-based needs and takes action to eliminate barriers in each region. Fifty-one percent of the people serving on the CILs Boards of Directors as well as a majority of the CILs staff members have disabilities.

# THE "core" services provided by CILs are:

*Information and referral* - CILs maintain files on resources and services available in their regions and refer persons with disabilities to appropriate vendors/providers such as: accessible housing, transportation, personal assistants, interpreters for the deaf, employment opportunities, and legal services. Other information and referral topics may include: disability legislation, disability-specific organizations, financial benefits programs, and other social service organizations.

*Individual and systems advocacy* - Individual advocacy entails assisting people in circumventing barriers to full inclusion. This may involve providing support with obtaining legal and economic benefits, working toward the removal of architectural barriers, and coordination with other agencies that provide essential services. CILs also provide systems (community) advocacy, working to make changes to expand physical access and civil and legal rights of people with disabilities.

*Peer counseling and support* - Through interaction with others who have similar disabilities and life experiences, individuals can gain insight into strategies which have been used successfully to cope with challenges to various independent living goals. People who have recently sustained their disability or who have lived in segregated environments often benefit greatly from the support of role models.

*Independent Living Skills instruction* - CILs provide instruction in areas such as money management, use of adaptive equipment, social skills, and interviewing techniques. Independent living skills instruction assists individuals to develop the skills and self-confidence to achieve their goals. Independent living skills instruction can be provided individually or in group situations.

Each CIL also offers unique programs based on the expressed needs of the community it serves.

*Facilitating Transition* - To move from an institution back to the community or to avoid institutional living or to move from school to post-secondary life, all require a variety of information, such as: finding, housing, accessing community resources, planning lifestyle and vocational goals.

### NETWORK OF CENTERS FOR INDEPENDENT LIVING

### Alliance Center for Independence

Carole Tonks, Executive Director 629 Amboy Avenue, Edison, NJ 08837 (732) 738-4388 Voice (732) 738-9644 TTY (732) 738-4416 Fax E-mail: adacil@adacil.org Area Served - Counties of Middlesex, Somerset & Union

### Camden City Independent Living Center, Inc. (CCILC)

Veda Smith, Executive Director Virtua Camden, 1000 Atlantic Ave., Camden, NJ 08104 (856) 966-0800 Voice (856) 966-0830 TTY E-mail: vedasmithccil@aol.com Area Served - City of Camden

### Center for Independent Living of South Jersey (CIL-SJ)

Hazel Lee-Briggs, Executive Director 1150 Delsea Drive, Suites 1 & 2, Westville, NJ 08093 (856) 853-6490 Voice (856) 853-1466 Fax E-mail: cilsj@aol.com cilsj.hazel@verizon.net Area Served - Counties of Gloucester & Camden

### DAWN

### Center for Independent Living, Inc.

Carmela Slivinski, Executive Director 66 Ford Road, Suite 121, Denville, NJ 07834 (973) 625-1940 Voice 1-888-383-3296 Toll Free (973) 625-1942 Fax (973) 453-4689 (VRS) E-mail: info@dawncil.org

254B Mountain Avenue, Suite 301 Hackettstown, NJ 07840 (973) 625-1940 Voice 1-888-383-3296 Toll Free (908) 269-8162 Fax E-mail: info@dawncil.org Area Served - Counties of Morris, Sussex & Warren

#### Sussex County Early Intervention System

34 White Lake Road, Unit A, Sparta, NJ 07871 (973) 383-0870 Voice (973) 383-0641 Fax E-mail: info@dawncil.org Area Served - Counties of Morris & Sussex

### DIAL, Inc. Center for Independent Living

John Petix, Jr., Executive Director 2 Prospect Village Plaza, Floor 1, Clifton, NJ 07013-1918 (973) 470-8090 Voice (866) 277-1733 Toll Free (973) 470-2521 TTY (973) 470-8171 Fax E-mail: info@dial-cil.org Area Served - Counties of Essex & Passaic